

Draft Learning Together Programme Participants E-newsletter June 2022

Dear (Participant Name),

Welcome to the June Edition of the Learning Together Programme Newsletter. Read on for the latest important dates for your diary, upcoming learning opportunities, funding tips as well as regional and national social prescribing news we think will be of interest.

Please remember you can get in touch, any time! We'd love to hear what sessions you'd like to see included in the programme, please email:

eastengland.thrivingcommunities@nasp.info

Tom Watkins

East of England Regional Lead

Thriving Communities

NASP

NASP Webinar: Volunteering for wellbeing through social prescribing

Tuesday 7th June, 9:30-10:30

Join our NASP Webinar as we launch our guide to Volunteering for Wellbeing through social prescribing. We'll talk about the wellbeing benefits associated with positive, well-managed volunteering through social prescribing, including:

- improved life satisfaction
- increased happiness and
- decreases in symptoms of depression.

This webinar brings together expertise and experience from those who support volunteering that works for the individuals to maximise wellbeing benefits.

Deadline: Tuesday 7th June, 9:30-10:30am

Click [here](#) to register

NASP Webinar on Health Inequalities: Wellbeing through food

Join our NASP webinar and explore the role social prescribing can play in supporting health and wellbeing through food - ranging from food poverty and hunger to confidence and cooking skills. This webinar will look at the role of social prescribing in supporting health and wellbeing through food. Whether by addressing food poverty and hunger (especially in the run-up to the school holidays), improving confidence and skills in growing and cooking food, or food as the glue that brings communities together, we'll hear from experienced and new projects from across the country.

Deadline: Tuesday 28th June, 9:30 – 10:30am

Click [here](#) to register

Regional

Thriving Communities Regional Forum: Living On a Squeezed Income & Money Helper Financial Support

Join our Thriving Communities Regional Forum with Money Helper as they provide you with money and pensions guidance to help support those who are living on a squeezed income. They work to bring together the support and services of three government-backed financial guidance providers: the Money Advice Service, the Pensions Advisory Service and Pension Wise.

Deadline: Tuesday July 5th, 2:30- 3:30pm

Click [here](#) to register

Training

Social Media: Marketing Metrics and Analytics

This workshop has been designed for Trustees, volunteers and employees of small charities, community groups and not-for-profit organisations.

- Do you know how well your social media marketing is working for you?
- Are you clear about your audience preferences and how to use digital marketing insights to understand their needs better?
- Do you know how to measure your online marketing success and which of your posts delivered the best results?

If you are not sure, then this is the workshop for you.

What will you learn? This workshop will:

- Look at what to measure and how to understand which metrics are important
- Walkthrough the key places you can find data and insights (Facebook, Instagram, Email, Web - Google Analytics)
- Consider how to understand their results and how to improve them for the future.

To apply please click [here](#)

Deadline: 09th June 2022, 12:00pm

Connecting Communities Conference: Vision for Volunteering

Our annual Connecting Communities conference is here. It's a time to bring a range of good practices and thoughts together to talk about volunteering across the county. This year's theme is Moving Forward and looks at new strategies, ways of using marketing to recruit and the legal side of volunteer management.

Visions for Volunteering

This event is about the England strategy 'Vision for Volunteering', which several partner national volunteer infrastructure bodies have co-written. It is intended to influence national policy on volunteering for the next 10 years. An accompanying website will be launched on 6th May. Gethyn Williams from Sport England will be discussing how this national strategy affects community charities and groups in Cambridgeshire—followed by questions from the floor.

To apply please click [here](#)

Deadline: 14th June 2022, 10:00-11:30

Connecting Communities Conference: Attracting Supporters and Followers – Fenland Workshop

What will you learn?

Attracting and recruiting supporters to your organisation is never easy. This in-person training looks at ways to make your organisation more effective in recruiting supporters and followers.

We are running the same training at two venues on 15th June (March and Huntingdon) to enable people to choose the venue most convenient for them. This workshop is taking place in March.

At each session, there will also be the opportunity to network over a light lunch with other community groups and members of the Support Cambridgeshire team.

Training Outcomes:

- A better understanding of how to identify potential supporters
- A clearer knowledge of how to engage and motivate people
- Networking opportunities

This course will be delivered by members of the CCVS development team a partner in the Support Cambridgeshire project

To apply please click [here](#).

Deadline : 15th June 2022, 10:00-13:00pm

Connecting Communities Conference: Attracting Supporters and Followers - Huntingdon Workshop

What will you learn?

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At each session, there will also be the opportunity to network over a light lunch with other community groups and members of the Support Cambridgeshire team.

Training Outcomes:

- A better understanding of how to identify potential supporters
- A clearer knowledge of how to engage and motivate people
- Networking opportunities

This course will be delivered by members of the Hunts Forum team a partner in the Support Cambridgeshire.

To apply please click [here](#)

Deadline : 15th June 2022, 12:00 – 15:00

Hertfordshire Healthy Workplace Programme

Take the next step to becoming a healthier workplace today by registering for this free webinar. These webinar sessions being hosted in June will help you find out more about the Hertfordshire Healthy Workplace Programme, a free offer from Hertfordshire County Council that will support employers and their employees to embed health and wellbeing into their way of life. In the webinars we will discuss how you can get involved alongside the content of the Programme, which will include all the below (and more):

- Establishing areas where health and wellbeing support is needed within your organisation.
- 1:1 advice from a trained specialist.
- Support with personalised health and wellbeing action planning.
- Workplace Health Champions training for employees.
- Delivery of employee wellbeing checks.
- Employee package of training, resources, events and local signposting around health and wellbeing areas.

Attendees will need to email workplace.health@hertfordshire.gov.uk to register.

Deadline: Wednesday 15th June, 12-1pm & Tuesday 21st June, 11-12pm

Click [here](#) to register

Connecting Communities Conference : Volunteering & the Law

Our annual Connecting Communities conference is here. It's a time to bring a range of good practices and thoughts together to talk about volunteering across the county. This year's theme is Moving Forward and looks at new strategies, ways of using marketing to recruit and the legal side of volunteer management.

On the last day of the conference with a speaker from Bates Wells LLP, presenting on the legal aspects of volunteer recruitment and retainment. The talk will cover key issues, including avoiding contracts, equality law and how to deal with perks and expenses.

This presentation will be followed by a VCSE Q&A session.

To apply please click [here](#)

Deadline : 16th June 2022 @ 10:00-11:30

Diabetes UK

An online information event with Diabetes UK aimed at volunteers and staff to mark Diabetes Awareness Week.

Click [here](#) to apply

Deadline Thursday 16th June 2022 @ 13:00hrs

Connecting Communities Volunteer Conference: Volunteering & the Law

Bates Wells LLP will be presenting on aspects of legal compliance and how this affects volunteer management. This presentation will look at such topics as;

- The differences between a volunteer and an employee/worker.
- What creates a contractual relationship with a volunteer, and how to avoid this.
- What are the implications of getting this wrong?
- Background checks that you can/should carry out for volunteers.
- Payments to volunteers, including expenses.
- Data protection and volunteers.

The presentation will then be followed by a selection of topic-based questions submitted before the event at time of booking or sent to info@supportcambridgeshire.org.uk

To apply please click [here](#)

Deadline Thursday 16th June 2022, 10:00-11:30am

Data Protection Essentials for Small Charities

Designed for those who are responsible for personal data in small charities, voluntary groups and social enterprises.

The workshop will consider the essential elements of current data protection law; and the practice of secure handling of personal data.

At the end of the session participants will:

- Have an understanding of what is and is not allowed, in terms of the law.
- Understand the importance of, and steps needed to keep personal data secure.
- Be more confident in applying best practice to data protection.

To apply please click [here](#).

Deadline: 30th June 2022 12:00

Delivered by Learning Together Members

We've created this section to present the social prescribing activities delivered by our Learning Together Members. If you are running a social prescribing event or activity, let us know and we will add you to our newsletter!

Harts In Mind

H'arts in mind is a mental health charity that promotes well-being using Art. Please find below our well-being sessions:

- Art Club Thursdays at Eden House
- Online Zentangle zoom sessions alternate Tuesday 7.30-9pm & Fridays 11-12.30pm
- Online Zoom Wellbeing Art Club free every Friday 1.30-3pm

They will be running free Art Clubs every Friday from 10-1pm and Online Zentangle zoom sessions alternate Tuesdays 7.30-9pm.

GamCare

The GamCare Women's Programme aims to raise awareness of how gambling can affect anyone, both as a gamblers, but also as an affected others, and what these impacts may look like in particular for women. GamCare will deliver a Gambling Awareness - Exploring the impacts and related harms of gambling webinar this month.

The interactive session will focus on identifying problem gambling issues and:

- Gain an understanding of problem gambling issues specific to women.
- Learn about the impacts and risks of problem gambling for all.
- Increase your confidence to discuss the subject of problem gambling.

- Gain vital knowledge about screening tools and referral pathways for support and treatment.

Tuesday 14th June, 2-4pm

Click [here](#) to register

FUNDING

National Funding

High Speed 2 Community and Environment Fund:

The Community and Environment Fund (CEF) has been created to add benefit to communities along the route that are demonstrably disrupted by the construction of Phase One of HS2 from London to West Midlands and Phase 2a from the West Midlands to Crewe.

HS2 will be offering two types of CEF funding:

- CEF Local will focus on the quality of life and environment in individual communities.
- CEF strategic will focus on large projects across several communities and address strategic rather than purely local concerns. Wherever possible, the CEF fund aims to leave a sustainable legacy.

The funding programme is targeted at the voluntary/community sector including resident's associations, constituted community group, community interest companies (CIC), social enterprises, community businesses and registered charities.

There are no deadlines for submission as this is a rolling grants programme.

For more information on eligibility, please [click here](#).

National Lottery Awards for All England

The Awards for All programme are now accepting applications that celebrate the Platinum Jubilee. Eligible projects are those who are supporting communities to thrive, build strong relationships, improve spaces and help more people reach their potential by supporting them at the earliest possible stage. The Awards for All programme firmly believe that when people are in the lead, communities thrive. Therefore, they aim to support projects which can continue to deliver activity and change and adapt to becoming more resilient to new and future challenges.

Click [here](#) to apply.

Deadline: Rolling Deadline

Stop Loan Sharks Community Fund Application

The England Illegal Money Lending Team (IMLT) have funding available for groups that want to raise awareness of the issues of illegal money lending in their

community. The grants are funded using money recovered from convicted loan sharks under the Proceeds of Crime Act (POCA) 2002. We welcome funding bids from local residents, charities, community and voluntary groups, schools and statutory agencies.

To be eligible, funds can be spent on community projects that meet the following criteria:

- Contributes to raising awareness of the dangers of loan sharks
- Prevents crime and disorder and publicises the Stop loan Sharks message
- Promotes the work of the Illegal Money Lending Team in communities
- Encourages reporting of loan sharks

Click [here](#) to apply.

Deadline Thursday 30th June

We Move Fund: Youth Social Action

The We Move Fund focuses on providing Black children and young people with the opportunity to engage in youth social action. When we say Black we mean; Black African, Caribbean, Afro-Latinx descent, or Black with mixed heritage. The We Move Fund: Youth Social Action has a budget of £1 million aiming to make between 50 and 70 grants in total.

To be part of the We Move Fund: Youth Social Action at least 75% or more of the children and young people you are working with on this project should self-identify as Black. We particularly encourage you to apply if your organisation is Black-led.

By 'Black-led', we mean that the most senior leader (CEO or Chair of Trustee Board) self-identifies as Black; and 50% or more of the Board of Trustees/ Management Committee, the senior staff self-identify as Black. To be eligible, organisations will need to show:

- A track record of working with Black children and young people
- That at least 75% or more of the children and young people you are working with on this project self-identify as black
- The ways in which your organisation reflects the community you work with

Click [here](#) to apply

Deadline Monday 20th June

Parkinson's UK Physical Activity Grants

The Parkinson's UK Physical Activity Grants Programme supports activity providers, communities, networks, organisations, and others to develop opportunities for people with Parkinson's to become and stay active. Parkinson's UK are offering a grants programme to help people with Parkinson's to be active. They will be providing grants of up to £2,500 to support physical activity for people with Parkinson's all over the UK. They are looking for new opportunities for people

affected by Parkinson's to participate in physical activity and sport or increased participation in these areas.

Click [here](#) to apply

Deadline Friday 10th June 2022

Regional Funding

Bedfordshire

Bedfordshire & Luton Community Foundation, LuDun

Bedfordshire & Luton Community Foundation have been chosen by the Trustees of LuDun to manage their fund to support adults with learning and/or physical disabilities into employment. Grants of up to £1,000 are available to individuals that meet the criteria.

The Bedfordshire and Luton and, in particular are dedicated to improving the quality of community life, particularly those in special need by reason of disability, age, financial or other disadvantage or diagnosed mental health issue. In order to qualify, beneficiaries must live in Central Bedfordshire or have previous employees of the LuDun facility in Liscombe, Dunstable.

Applications for help towards two main categories will be considered

- Cost of Training Courses
- Special Needs

To find out more, please click [here](#).

Application deadline, ongoing

Community Trust Fund

London Luton Airport Operations Ltd (LLAOL) – Community Trust Fund.

Grants of up to £10,000 on projects that fit the 3 key priorities below:

- Healthy Today (Mental/Physical Health and Wellbeing)
- Skilled Tomorrow (Upskilling young people up to the age of 30)
- Alleviating Poverty (Supporting people to support themselves)

Groups should be operating in Central Bedfordshire, North Hertfordshire, Luton, Stevenage, Dacorum, St Albans District or Eastern parts of Aylesbury Vale District.

To be eligible, organisations must be able to meet the following criteria:

- Be a registered charity or other non-profit making body (community groups/PTA's/sports groups etc).
- Have a constitution or other governing document
- Have a committee of at least three unrelated Trustees/Directors (if you have more than this the majority must be unrelated individuals with no financial interest in the organisation).

- If your organisation is a social enterprise (including CICs) there is guidance available- please contact a member of staff or review our guidance document below: CIC's/Social Enterprise guidance.

Click [here](#) to apply

Deadline: Rolling Deadline

Cambridgeshire & Peterborough

Amey Community Fund

The Amey Community Fund offers grants of up to £100,000 for capital projects to improve the local environment including public buildings, habitats and architecture. Based in Waterbeach, Amey is Cambridgeshire's main waste contractor, providing a landfill and waste processing facility for 200,000 tonnes of the county's waste each year. The land tax credits it receives provide grants to improve the local environment including public buildings, habitats, and architecture.

By helping to dispose of waste carefully (developing innovative recycling processes and operating a state-of-the-art composting system), Amey is playing a part in improving the local environment. The land tax credits Amey receives are used to offer grants for the provision, maintenance or improvement of a public park or other general public amenity; the conservation of a specific species or a specific habitat where it naturally occurs OR the repair, maintenance or restoration of a Place of Worship or a Place of Architectural Importance.

Click [here](#) to apply

Deadline: Wednesday 1st June 2022

Norfolk

The Dudgeon STEM Programme

The Dudgeon Community Fund STEM Programme aims to increase motivation and competence within Science, Technology, Engineering and Mathematics (STEM) subjects for pupils aged 12-18 years so that those pupils are more likely to continue education or employment within the STEM areas. The Fund aims to support projects which can demonstrate that they will make a sustained difference to the target group. All applications must be for a STEM initiative which will be delivered to pupils in school years 8 -13 in education in the Great Yarmouth, Breckland or North Norfolk districts.

£100,000 is available for 2022/23. Grants will normally be for a maximum of £10,000 but where the proposal is to work across multiple sites a larger request will be considered.

Click [here](#) to apply

Deadline Monday 13th June 2022

Breckland Council Inspiring Communities

Breckland Council Inspiring Communities is a match funding scheme providing grants of up to £5,000 for groups working in Breckland District.

The funding is for community projects that can demonstrate that they address identified community needs and align with Breckland Council's Inspiring Communities outcomes which are:

To lead the recovery from COVID-19, supporting all Breckland's communities;

To address vulnerability and work with the most disadvantaged members of our communities to improve their life chances;

To enhance the health and wellbeing of Breckland's residents as part of Norfolk's Integrated Care System and by providing excellent leisure facilities and activities.

Applicants can apply for a maximum of 50% of the total project cost therefore match funding is required which can be from your own funds, external funders or in the form of in-kind contributions.

Click [here](#) to apply

Deadline Friday 17th June 2022

Essex

Enovert Community trust fund

The Trust is committed to supporting community and environmental projects, such as improving community halls, creating new children's play areas, restoring green spaces and habitats, and enhancing community sports and recreation facilities. To ensure grants are distributed in line with our guidelines and those of the Trust's regulator ENTRUST, you must ensure your project meets two main requirements:

- The project must fulfil one of Enovert Community Trust's five funding categories
- It must be located within 10 miles of a landfill site operated by Enovert Management Limited, or within ten miles of a waste facility managed by the company
- In addition, the Trustees of ECT take into account environmental factors when reviewing applications. The threat from climate change is well documented. The Government has recognised this requires urgent action and measures are being introduced to significantly reduce carbon emissions. Going forward this will mean projects will need to be increasingly energy efficient and less reliant on fossil fuels, for example by moving away from installing gas boilers.
- As a distributor of funding, the Trust is keen to address the challenge of climate change and reflect the policy direction of the Government. As such, even where measures are not yet mandatory, we will look favourably on projects which integrate energy efficiency and renewable energy into the design. Examples include measures such as excellent insulation and the use of air or ground source heat pumps. We consider that energy efficient installations should be considered as part of a whole building approach if possible.

- Because of the large numbers of project applications ECT receives, our focus is on projects where there is a direct community benefit. Consequently we will not normally fund stand-alone projects such as the installation of solar panels which are not part of a bigger refurbishment or building project.

Click [here](#) to apply

Deadline Saturday 25th June 2022

Hertfordshire

Hertfordshire Building Life Chances programme

Grants of up to £5,000 are available to Voluntary, Community, Faith and Social Enterprise (VCFSE) groups that work with or support vulnerable adults who have been disproportionately affected by the COVID Pandemic.

Grants of up to £10,000 may be considered where a group can show that they can work across a larger geographical area or can reach high numbers of local residents.

Any Voluntary, Community, Faith and Social Enterprise (VSFSE) groups working with the following groups can apply:

- ethnic minorities including BAME, Gypsy & traveller communities and other groups
- harder to reach vulnerable adults with sensory or neurodiverse needs
- people with limited eligibility for public support such as refugees and asylum seekers.

To Apply Please Click [here](#)

Deadline: Monday 13th June 2022

Hertfordshire Household Support Fund for Groups

Grants of up to £5,000 are available to groups working in areas of deprivation in Hertfordshire that support vulnerable adults by providing access to food and/or support with bills such as fuel and water. It can also be used to provide support with essentials linked to energy and water.

Larger grants (up to £10,000) may be considered where a group can demonstrate an ability to work across a larger geography or support significant numbers of local residents. If you would like to apply for a grant in excess of £5,000 please contact grants@hertscf.org.uk before making an online application.

The fund is primarily to be used to provide support with food and energy. Groups who can provide access to this are invited to apply.

Food: To provide support with food whether in kind or through vouchers or cash.

Energy and water. The fund can also be used to support with energy bills for any form of fuel that is used for the purpose of domestic heating, cooking or lighting, including oil or portable gas cylinders. It can also be used to support with water bills including for drinking, washing, cooking, and sanitary purposes and sewerage.

Applications from charities, groups and non-profit organisations supporting vulnerable adults that fall into any of the following categories are eligible to apply for funding:

- Individuals in crisis (eg people facing poverty, experiencing or at risk of homelessness, poor mental health, domestic violence, drug and alcohol addiction etc) and their families, with or without children
- Those facing food poverty
- Those facing fuel poverty
- Minority and marginalised groups who have been particularly impacted by Covid-19

we are especially keen to hear from groups supporting those with disabilities

Click [here](#) to apply

Deadline Saturday 18th June 2022

Milton Keynes

Growth Through Grants

MK Community Foundation will be offering several small and large grants that allow organisations and projects to grow in Milton Keynes. MK Community Foundation's grant making supports Milton Keynes to grow and thrive, through strong communities, healthy voluntary sector and engaged individuals.

Small Grants

The Small grants monthly programme is for local projects in Milton Keynes. Grants between £300-£3000 will be made available and approved by an internal panel.

Community Grants

The Community Grants Quarterly programme is for local projects in Milton Keynes. Grants between £3000-£10000. Applicants are strongly encouraged to have at least 20% of the projects funding from another source will be made available and approved by an external grants committee made up of representatives of the communities as well as a panel of trustees.

Deadline: Rolling deadline

Suffolk

Martineau Care Fund

Grants to purchase daily living equipment and to provide support for people facing illness or disabilities in Suffolk who are unable to afford the costs themselves. All applications to be submitted by the beneficiary's Registered Health or Social Care Professional (e.g. Social Worker, Occupational Therapist, Health Visitor).

Criteria

Grants of up to £1,000 are available to purchase daily living equipment or provide support for people facing illness or disabilities in Suffolk, this is only for those who are

unable to afford the cost(s) themselves. In all circumstances, the beneficiary will need to have an authenticated medical condition / need.

Applications seeking funding for the purchase of daily living equipment will only be considered if the equipment is not supplied by the NHS, Suffolk County Council or other statutory providers. The application should be submitted by the Registered Health or Social Care Professional who has identified and assessed the need / equipment for the beneficiary. As this is charitable funding, the Registered Health or Social Care Professional must seek the most competitive quote for the item of equipment and submit this with the application. Please note that Suffolk Community Foundation reserves the right to source its own supplier and that payment will be made directly to the supplier and not the individual.

The following are examples of the types of requests that would be considered for full or part-funding;

- Domestic appliances where a need arises through illness or disability.
- Mobility aids such as scooters and riser chairs.
- Specialised equipment to aid independence and wellbeing.
- Special software to aid access to PCs and laptops.
- Bedding including protective covers and special mattresses.
- Respite care support in exceptional circumstances.

Click [here](#) to apply

Deadline: Rolling Deadline

Transforming Suffolk Loan Fund

Loans are available for charitable, voluntary and community groups delivering work in Suffolk.

Criteria

Loans of between £1,000 and £50,000 are available for charitable organisations and social enterprises who are based in Suffolk and delivering primarily in the county, and can demonstrate that they have the capacity to repay the loan.

Click [here](#) to apply

Deadline: Rolling deadline

JOB VACANCIES

Social Prescriber Ipswich

East Ipswich PCN have an exciting, new opportunity for a Social Prescriber to join our practice teams. The role can be offered on a full time or job share basis depending on the successful applicant and will involve working across the PCN (Ravenswood, Orchard Medical, Solway and Mallick)

Social prescribing empowers people to take control of their health and well-being through referral to non-medical 'link workers' who give time, focus on 'what matters to me' and take a holistic approach, connecting people to community groups and statutory services for practical and emotional support.

The main responsibilities of the role include:

- Receiving and managing all referrals from multi-agencies and providing personalised support to vulnerable individuals;
- Working in partnership with the practice team, supporting patients and promoting positive lifestyle changes, preventing ill-health by means of behavioural change techniques;
- Completing holistic care planning assessments, analysing how needs can be met by services and other opportunities available in the community;
- Providing information and advice about a wide range of services to promote health and well-being and maintain independence within communities;
- Forging strong links with local VCSE organisations, community and neighbourhood level groups;
- Contributing to reducing demand on statutory services, hospital admissions and to combat unnecessary GP appointments;
- Working with patients in the practice or with patients in their own homes, providing personalised person centered support.

Click [here](#) to find out more and apply.

Deadline 1st June 2022

NHS GP Link Worker

Hertfordshire's NHS has commissioned "Link Workers" throughout the county to work closely with GP surgeries supporting patients to find non-clinical solutions to improve their wellbeing. Link Workers will work intensively with a small number of individuals, enabling them to access support within their local community.

You will be employed by one of the voluntary organisations involved in the delivery of Link Worker services: Age UK Hertfordshire, British Red Cross, Carers in Herts, Dacortium, Home-Start Watford & Three Rivers, POhWER, Watford & Three Rivers Trust and Watford Community Housing. Other partners may join. You will be assigned to work with one or more GP surgeries and play a key role within their team. You will also be part of a locality team comprising other social prescribers led by a Senior

Navigator. You will need to operate independently and as part of several different teams, each providing support and supervision. You will use case management databases and communications systems, understand safeguarding and privacy rules, and provide high quality information, input and feedback.

Salary: £24,000

Location: Hemel Hempstead

Company: HCNS

Hours: Part time

Click [here](#) to find out more.

Deadline: N/A

Living Well Worker

The role of the Living Well Worker is to support the provision, coordination and development of Social Prescribing supporting individuals and families to access resource within their locality from community, voluntary and public-sector organisations.

You will be required to provide advice and use motivational interviewing techniques with clients face-to-face, via telephone and by email. You will work closely with the client to develop a personal plan of desired outcomes and actions referring them to voluntary sector services, community groups, activity clubs and, where relevant, public-sector services in order to achieve agreed outcomes and actions. You will develop a strong and coherent knowledge of the local voluntary and community sector, thus ensuring that clients are referred appropriately with your support. Additionally, you will build links with voluntary sector organisations, community groups, health and social care partners engaging and acting as an advocate for the project, building relationships for the future referral of clients.

Salary: £23,323

Location: Norwich

Company: Norfolk Citizens Advice

Hours: 37 hours

Deadline: Tuesday 12th July 2022.

HOT TIPS OF THE MONTH

World Health Organisation: A ToolKit on How to Implement Social Prescribing

This toolkit was created to help introduce social prescribing at the community level. It outlines the steps required to introduce a social prescribing scheme and includes sample materials, which can be adapted to the local context. It has been prepared by the Healthy Ageing team in the Data, Strategy and Innovation Group at the World Health Organization Regional Office for the Western Pacific. This toolkit can be

used by implementing organizations and individuals, such as community health-care facilities, long-term care facilities, mental health clinicians and health-care workers. Policy-makers and health and social welfare authorities may also find this useful for scaling up social prescribing.

To access the toolkit, click [here](#).

Walking Befriending Programme

We know for many older people starting regular physical activity can be daunting, whether it's for the first time or they are returning after a period of inactivity. We found that any walking activity was an easy way to motivate older people to start and continue moving.

This toolkit is designed for any organisation seeking to set up walking befriending as a standalone service, or as part of existing befriending or home visiting delivery. The project is ideal for older people who are inactive and would benefit from introducing regular exercise into their weekly routine.

To access the tool kit, click [here](#).

How to overcome digital transformation challenges

A successful digital transformation process is not about digitising everything. It's about overcoming difficult digital challenges that your charity and the people it exists to serve are facing.

Charity Digital have created a guide to support organisations going through digital transformational challenges. The guide focuses on identifying challenges, developing a clear organisational strategy, creating a positive organisational culture, digital infrastructure, security, making the transition and understanding the benefits of digital transformation.

To find out more, click [here](#).

Warm welcome Toolkit

This Warm Welcome Toolkit aims to offer you information and resources which will support you to run a Warm Welcome Activity. A warm welcome is essential when encouraging older people to take part in activities and remain connected in their communities. Cultivating a warm and welcome atmosphere takes a lot more effort than you might think. Age UK Camden have created a sustainable resources document to help you get started.

To access the resources document, click [here](#).

Prince's Trust Team Programme

Team aims to help young people get back into education or work. It's also a great opportunity to build confidence and self-esteem, gain new skills, and meet new people. The programme runs in partnership with Prince's Trust and the College of West Anglia. The free course is full-time and runs over the course of 12 weeks. To be join Team, members need to be:

- 16-25 years old
- Not in full time, employment, education, or training.

To find out more, please click [here](#).

Social Media for charities 101: TikTok

From singing duets to raising funds, Tiktok offers an innovative way for charities to engage with young supporters. The popularity of Tiktok has skyrocketed over the past few years. It's a mix of video content, aimed at young adults and teenagers, most notably lip syncing and dancing. The app is the topic of discussion in the charity sector because it offers plenty of scope for interesting fundraising ideas. Charity Digital outlines the use of the app and how charities can benefit from its functions & distinct features.

To find out more, click [here](#).

Voluntary Sector Forum (Children, Young People and Families)

The Voluntary Sector Forum (Children, Young People and Families) is a forum for voluntary, community and social enterprise (VCSE) sector for organisations that provide services to children, young people and their families in Norfolk. The Forum provides a means for two-way engagement between our sector and statutory partners. It is also an effective mechanism for members to raise key issues that impact on our sector. Membership is open to any practitioner, manager or trustee of any voluntary self-help, not for profit (including CICs) charities or organisation's that:

- Work with children, young people up to the age of 18 years (25 years for those young people with additional needs) and families.
- Provide services in Norfolk.
- Membership is also open to our infrastructure partners.

To join the Voluntary Sector Forum, please click [here](#) and fill in the registration form.

Facebook Fundraising and the power of a “thank you”

Learn how Great Ormand Street Hospital Children's Charity launched it's Facebook Challenge Events and engaged with their fundraisers. In 2020 Great Ormand Street Hospital (GOSH) found itself pivoting to virtual fundraising, including via it's events. The value in Facebook Funding created community of new audiences where people can share stories and impact of GOSH.

To learn more about the value of Facebook Fundraising, click [here](#).

The Herts Sports Partnership's Moving More activity finder

The Herts Sports Partnership's Moving More activity finder helps people in Hertfordshire discover physical activity opportunities. The Activity Finder is fast becoming the 'go to' place for local residents to find physical activity opportunities around them whilst also helping activity providers to reach audiences.

[Upload your organisations activity sessions on the Moving More website:](#) Please see information [here](#).

OTHER SOCIAL PRESCRIBING NEWS

[Why the parkrun practice initiative will encourage more GPs to engage in social prescription](#)

[Essex Project aiming to show how gardening can use as much energy as going for a jog or cycle ride.](#)

[Ife's Story: Fighting Depression with Swimming Lessons](#)

[It's safer for people with long term conditions to be physically active](#)

- https://charitydigital.org.uk/topics/topics/should-your-charity-use-google-ad-grants-9281?utm_source=newsletter&utm_medium=email&utm_campaign=Marketing%20Newsletter use of Google Ads
- https://charitydigital.org.uk/topics/topics/the-state-of-charity-cyber-security-in-ten-minutes-9428?utm_source=newsletter&utm_medium=email&utm_campaign=Leadership%20Newsletter state of charity cyber security
- Future NASP webinars *subject to change - <https://socialprescribingacademy.org.uk/thriving-communities-webinars/>
- The Anchor Foundation - [The Anchor Foundation - Funding for All](#) (Continuous rolling programme)
- [Grab your reader's attention with a great quote from the document or use this space to emphasize a key point. To place this text box anywhere on the page, just drag it.]