



Hello from The Prince's Trust!

Here are a few things from us...



HERTFORDSHIRE



Prince's Trust

**START
SOMETHING**



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MENTORING

➤ HEALTH & SOCIAL CARE



Prince's Trust



Are you based in the East of England? Actively seeking employment in Health and Social Care? We can prepare you to apply for and maintain any employment or progression opportunity you are interested in with our tailored & flexible 1-2-1 support.



DATES FOR YOUR DIARY:

Apply Anytime!

- 6 months of 121 support
- Get support up to 3 months after obtaining employment!

To find out more & sign up:

Email Enquiries.H&SC@princes-trust.org.uk

Available free of charge to young people aged 16-30 not currently in full-time work, training or education living in the East of England area.



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European Union
European
Social Fund



pathways
to health & social care

➤ **Register your interest here!**

GET STARTED WITH PODCASTING AND MUSEUMS



An exciting opportunity for young people to develop their social media skills around the world of art and museums.

ONLINE



DATES FOR YOUR DIARY:



Taster day: 22nd September 2022



Programme dates: 26th - 30th September 2022



Application Deadline: 21st September

To find out more & sign up:

Email Keir.mulcahey@princes-trust.org.uk or
call Keir on 07583105454

This programme is free of charge to young people aged 16-30 not currently in full-time work, training or education.



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European Union
European
Social Fund

NORFOLK
NSM
NORWICH
FESTIVAL

A Norfolk & Norwich
Festival 250 Project



GET STARTED WITH ➤ HORSE RACING



Prince's Trust



An exciting opportunity to work with Race Horses and learn about handling, care and riding skills with The British Racing School!

RESIDENTIAL PROGRAMME



DATES FOR YOUR DIARY:



Taster day: 13th September
2022 (ONLINE)



Programme dates: 26th - 30th
September 2022 (FACE TO
FACE)



To find out more & sign up:

Cathy 07870872469, Cathryn.porter@princes-trust.org.uk

Keir 07583105454, keir.mulcahey@princes-trust.org.uk

This programme is free of charge to young people aged 16-25 not currently in full-time work, training or education, living in or able to travel to Suffolk.



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RACING
FOUNDATION



THE
BRITISH
RACING
SCHOOL

PORTIA'S STORY



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Portia took part in Get Into Horse Racing in March 2022, a face-to-face course run by The British Racing School in Newmarket.

Portia has had her share of difficulties in the past and suffers from depression and PTSD. She is a recovering anorexic and also a young carer. Having left school, she works a few hours a week for the Co-op. Most of her time though is caring for her family as her mother has fibromyalgia and her brother has autism.

Right from the start, Portia made an excellent impression with her strong work ethic and affinity with the horses. The British Racing School staff were impressed with her and felt that she was an ideal candidate for one of their courses.



“I would recommend this programme and The Prince's Trust to anyone who is interested in finding out more about the equine industry.”

GET INTO

➤ RETAIL WITH MARKS AND SPENCERS



An exciting opportunity for young people 18 - 30, to obtain lots of experience in retail. During this 4 week programme you will work in a store and gain vital work experience.

FACE TO FACE



DATES FOR YOUR DIARY:



Taster Day: 19th September



Programme Dates: 3rd-28th
October



Application Deadline: 16th
September

To find out more & sign up:

Email: anna.crump@princes-trust.org.uk or call Anna on 07904364206

Available free of charge to young people aged 18-30
not currently in work, training or education.



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European Union
European
Social Fund

M&S

EST. 1884



GOOGLE IT SUPPORT ➤ PROFESSIONAL CERTIFICATE



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ONLINE

An exciting opportunity for young people to explore a career path in IT and build in-demand skills with this impressive online professional certificate by Google!



DAES FOR YOUR DIARY:



Taster Day : 26th
September



Course Dates: 3rd
October 2022
(run over 3 months)

To find out more & sign up:

Call Kane Richards : 07483 431 624 or email kane.richards@princes-trust.org.uk

Available free of charge to young people aged 16-30
not currently in full-time work, training or education.



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European Union
European
Social Fund

This programme is a
Prince's Trust youth
employment initiative,
part-funded through the
European Social Fund.

Google.org



VIRTUAL EXPLORE



ONLINE

Unsure where to start? Then join us for Virtual Explore: A mix of online confidence-boosting and self-esteem workshops, with employability tips & tricks to help you feel prepared and stand out to employers! While working as a TEAM we will look at realising our potential with support from the Prince's Trust. A perfect place to Get Started.



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DATES FOR YOUR DIARY:



22nd - 23rd September



19th - 20th October

To find out more & sign up:

Email Harry.sampson@princes-trust.org.uk or
call Harry on 07483 981306

Available free of charge to young people aged 16-30
not currently in full-time work, training or education



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ENTERPRISE

BE YOUR OWN BOSS



Got a business idea and want to work for yourself? Joining The Prince's Trust's 3 day Explore Enterprise Course is your first step to launching your business.



- Expert advice on setting up your business
- Support to write your business plan
- Opportunity to apply for funding
- Free mentoring for up to 2 years



ONLINE



DATES FOR YOUR DIARY:

13th - 14th September

or

27th - 28th September

or

11th - 12th October

To find out more & sign up:

Call Jamie on 07904972498 or email Jamie.mack@princes-trust.org.uk

Available free of charge to young people aged 18-30 not currently in work, training or education living in the Hertfordshire area.



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European Union

European Regional
Development Fund

TEAM

WATFORD, WGC/HATFIELD, HEMELHEMPSTEAD, STEVENAGE AND CHESHUNT



Prince's Trust



An exciting 12 week opportunity for young people to join one of our flagship programmes, designed to help you uncover your hidden talents, gain qualifications, improve your confidence and consider your next steps.



DATES FOR YOUR DIARY:



Programme Dates: Found on our website



Register your interest now!

To find out more & sign up:

Email Lynn.Worrall@princes-trust.org.uk



[Click Here to Find Out More!](#)

Available free of charge to young people aged 16-25 not currently in full-time work, training or education living in Watford, WGC/Hatfield, Hemel Hempstead, Stevenage and Cheshunt,



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DEVELOPMENT ➤ AWARDS



We pay to help tackle financial barriers, to help you get back into work! These could include, travel costs, equipment costs etc with an average grant being £100-£150. Eligibility criteria applies.



DATES FOR YOUR DIARY:



Apply anytime

To find out more & sign up:

Email Nutan Patel, nutan.patel@princes-trust.org.uk,
or call Nutan on 07717 488 544

This programme is free of charge to young people aged 16-30 not currently in full time work, training or education, living in East Midlands East of England and West Midlands.



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**DEVELOPMENT
➤ AWARDS**



MEET YOUR LOCAL TEAM!

We have a range of programmes on offer to support young people who are wanting to build confidence, get into work or self-employment. Please contact one of our friendly staff if you have a young person interested in a course. We look forward to working with you!



Prince's Trust



Mel

Employability

melanie.phillips@princes-trust.org.uk

07870 880 647



Jamie

Enterprise

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07904972498