

# Hello from The Prince's Trust!

Here are a few things from us...



## HERTFORDSHIRE



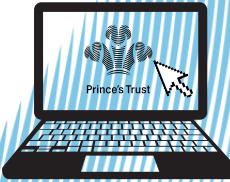
Prince's Trust

START  
SOMETHING

# CONTENTS PAGE

- [Page 3 - Health and Social Care Mentoring](#)
- [Page 4 - Get Started with a Cyberfirst World](#)
- [Page 5 - Get Started with Digital Skills](#)
- [Page 6 - Get Started with Podcasting and Museums](#)
- [Page 7 - 8- Get Started with Horse Racing and Portia's Story](#)
- [Page 9 - Get Into Google IT Certificate](#)
- [Page 10 - Get Hired with The Prince's Trust](#)
- [Page 11 - Virtual Explore](#)
- [Page 12 - Enterprise](#)
- [Page 13 - Team programme](#)
- [Page 14 - Development Awards](#)
- [Page 15 - Meet the Hertfordshire team](#)

# MENTORING ➤ HEALTH & SOCIAL CARE



Are you based in the East of England? Actively seeking employment in Health and Social Care? We can prepare you to apply for and maintain any employment or progression opportunity you are interested in with our tailored & flexible 1-2-1 support.



## DATES FOR YOUR DIARY:

Apply Anytime!

- 6 months of 121 support
- Get support up to 3 months after obtaining employment!



**START SOMETHING**



European Union  
European Social Fund



➤ Register your interest here!

# GET STARTED WITH A CYBERFIRST WORLD



ONLINE



## DATES FOR YOUR DIARY:

- Taster Day: 30th November
- Programme Dates: 5th - 9th December
- Application Deadline: 28th November



Prince's Trust  
START SOMETHING

This exciting new course will help learners to gain an understanding in some of the key areas of cyber security, including implementing digital forensics, understanding encryption technologies, using open source intelligence techniques and penetration testing. Come join us to learn about this growing industry!

To find out more & sign up:

Email: [raheleh.ahmadi@princes-trust.org.uk](mailto:raheleh.ahmadi@princes-trust.org.uk)

or call **07583101554**

Available free of charge to young people aged 16-30 not currently in work, training or education.

Must Have access to Laptop/PC/Notebook and Stable internet connection



# GET STARTED WITH ➤ DIGITAL SKILLS



ONLINE



## DATES FOR YOUR DIARY:

- Taster Day: 7th November
- Programme Dates: 9th - 15th November
- Application Deadline: 4th November



START  
SOMETHING



European Union  
European  
Social Fund



To find out more & sign up:

Email: [raheleh.ahmadi@princes-trust.org.uk](mailto:raheleh.ahmadi@princes-trust.org.uk)

or call **07583101554**

Available free of charge to young people aged 16-30 not currently in work, training or education. Must Have access to Laptop/PC/Notebook and Stable internet connection



# GET STARTED WITH PODCASTING AND MUSEUMS



ONLINE



## DATES FOR YOUR DIARY:

➤ Taster day: 22nd September 2022

➤ Programme dates: 26th - 30th September 2022

➤ Application Deadline: 21st September

START  
SOMETHING



European Union  
European  
Social Fund

NORFOLK NORWICH  
FESTIVAL

A Norfolk & Norwich  
Festival 250 Project

HERITAGE  
FUND

To find out more & sign up:

Email [Keir.mulcahey@princes-trust.org.uk](mailto:Keir.mulcahey@princes-trust.org.uk) or

call Keir on **07583105454**

This programme is free of charge to young people aged 16-30 not currently in full-time work, training or education.



# GET STARTED WITH HORSE RACING



An exciting opportunity to work with Race Horses and learn about handling, care and riding skills with The British Racing School!

## RESIDENTIAL PROGRAMME



### DATES FOR YOUR DIARY:

Programme dates: 26th - 30th September 2022 (FACE TO FACE)

To find out more & sign up:

Cathy 07870872469, [Cathryn.porter@princes-trust.org.uk](mailto:Cathryn.porter@princes-trust.org.uk)

Keir 07583105454, [keir.mulcahey@princes-trust.org.uk](mailto:keir.mulcahey@princes-trust.org.uk)

This programme is free of charge to young people aged 16-25 not currently in full-time work, training or education, living in or able to travel to Suffolk.



THE  
BRITISH  
RACING  
SCHOOL



START  
SOMETHING



European Union  
European  
Social Fund

RF RACING  
FOUNDATION



# PORTIA'S STORY

**Portia took part in Get Into Horse Racing in March 2022, a face-to-face course run by The British Racing School in Newmarket.**

Portia has had her share of difficulties in the past and suffers from depression and PTSD. She is a recovering anorexic and also a young carer. Having left school, she works a few hours a week for the Co-op. Most of her time though is caring for her family as her mother has fibromyalgia and her brother has autism.

Right from the start, Portia made an excellent impression with her strong work ethic and affinity with the horses. The British Racing School staff were impressed with her and felt that she was an ideal candidate for one of their courses.



**"I would recommend this programme and The Prince's Trust to anyone who is interested in finding out more about the equine industry."**



# GET INTO ➤ GOOGLE IT CERTIFICATE



An exciting opportunity for young people to explore a career path in IT and build in-demand skills with this impressive online professional certificate by Google, with rolling onboarding throughout September and October.

**ONLINE - CONTINUOUS RECRUITMENT - GET IN CONTACT TO BE ALLOCATED TO A TASTER DAY!**



## DATES FOR YOUR DIARY:

- Taster Days From: 3rd Oct
- Programmes running between: 10th Oct - 31st Jan
- Application Deadline: 21st October

To find out more & sign up:

Email: [cathryn.porter@princes-trust.org.uk](mailto:cathryn.porter@princes-trust.org.uk)

or call **07870872469**

Available free of charge to young people aged 18-30 not currently in work, training or education. Must have access to PC/Laptop/Notebook and stable internet connection

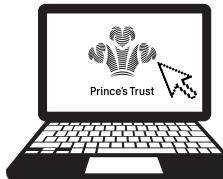


**START SOMETHING**

**Google.org**



# GET HIRED WITH THE PRINCE'S TRUST



An exciting opportunity for young people to join our 3 day event giving you the chance to find out about live roles at The Prince's Trust and meet staff and volunteers from around the region.

ONLINE



## DETAILS FOR YOUR DIARY:

Programme dates: 18th - 20th October

To find out more & sign up:

Email: [anna.crump@princes-trust.org.uk](mailto:anna.crump@princes-trust.org.uk)

or call 07904 364 206

Must be 18-30 and must be able to pass a DBS check.

This programme is a Prince's Trust youth employment initiative, part-funded through the European Social Fund.



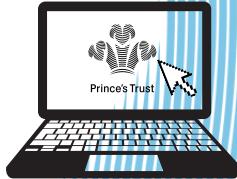
START SOMETHING



European Union  
European Social Fund



# VIRTUAL EXPLORE



ONLINE



## DATES FOR YOUR DIARY:

- 22nd - 23rd September
- 19th - 20th October

Unsure where to start? Then join us for Virtual Explore: A mix of online confidence-boosting and self-esteem workshops, with employability tips & tricks to help you feel prepared and stand out to employers! While working as a TEAM we will look at realising our potential with support from the Prince's Trust. A perfect place to Get Started.



Prince's Trust

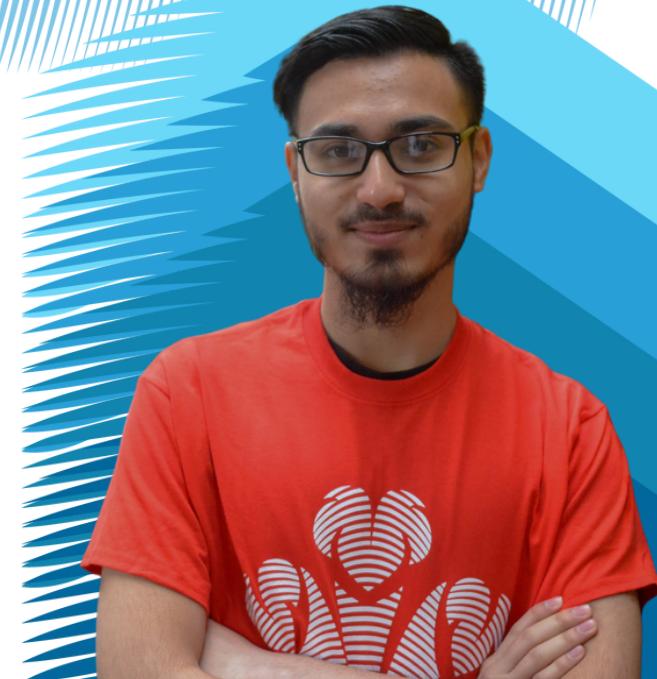
To find out more & sign up:

Email [Harry.sampson@princes-trust.org.uk](mailto:Harry.sampson@princes-trust.org.uk) or  
call Harry on 07483 981306

Available free of charge to young people aged 16-30  
not currently in full-time work, training or education



START  
SOMETHING



# ENTERPRISE

# BE YOUR OWN BOSS

Got a business idea and want to work for yourself? Joining The Prince's Trust's 3 day Explore Enterprise Course is your first step to launching your business.



ONLINE



## DATES FOR YOUR DIARY:

- 27th- 28th September  
or
- 11th - 12th October  
or
- 25th - 26th October



START SOMETHING

- Expert advice on setting up your business
- Support to write your business plan
- Opportunity to apply for funding
- Free mentoring for up to 2 years



To find out more & sign up:

Call Jamie on 07904972498 or email [Jamie.mack@princes-trust.org.uk](mailto:Jamie.mack@princes-trust.org.uk)

Available free of charge to young people aged 18-30 not currently in work, training or education living in the Hertfordshire area.



European Union  
European Regional  
Development Fund

# TEAM

## ➤ WATFORD, WGC/HATFIELD, HEMELHEMPSTEAD, STEVENAGE AND CHESHUNT



An exciting 12 week opportunity for young people to join one of our flagship programmes, designed to help you uncover your hidden talents, gain qualifications, improve your confidence and consider your next steps.



### DATES FOR YOUR DIARY:

- Programme Dates: Found on our website
- Register your interest now!

To find out more & sign up:

Email [Lynn.Worrall@princes-trust.org.uk](mailto:Lynn.Worrall@princes-trust.org.uk)

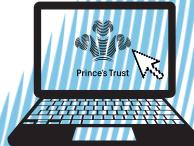
➤ [Click Here to Find Out More!](#)

Available free of charge to young people aged 16-25 not currently in full-time work, training or education living in Watford, WGC/Hatfield, Hemelhempstead, Stevenage and Cheshunt,



**START SOMETHING**

# DEVELOPMENT ➤ AWARDS



We pay to help tackle financial barriers, to help you get back into work! These could include, travel costs, equipment costs etc with an average grant being £100-£150.

Eligibility criteria applies.



## DATES FOR YOUR DIARY:



Apply anytime

To find out more & sign up:

Email Nutan Patel, [nutan.patel@princes-trust.org.uk](mailto:nutan.patel@princes-trust.org.uk),  
or call Nutan on 07717 488 544

This programme is free of charge to young people aged 16-30 not currently in full time work, training or education, living in East Midlands East of England and West Midlands.



DEVELOPMENT  
➤ AWARDS



# MEET YOUR LOCAL TEAM!

We have a range of programmes on offer to support young people who are wanting to build confidence, get into work or self-employment. Please contact one of our friendly staff if you have a young person interested in a course. We look forward to working with you!



Prince's Trust



**Mel**

**Employability**

**[melanie.phillips@princes-trust.org.uk](mailto:melanie.phillips@princes-trust.org.uk)**

**07870 880 647**



**Jamie**

**Enterprise**

**[Jamie.mack@princes-trust.org.uk](mailto:Jamie.mack@princes-trust.org.uk)**

**07904972498**