

# BRECKLAND CREATIVE SOCIALS & AFTERNOON EVENTS

High-quality arts workshops, cinema screenings  
and live performances for people aged 50+

FREE hot drink  
and cake!



Thurs 11th May  
Fri 12th May  
Thurs 18th May  
Fri 19th May

## Upcoming Creative Socials...

### Singing & Music Making with Tessa Wingate

Revisit songs from different eras and try out  
different instruments too! All abilities welcome.

Attleborough Town Hall 1-3pm  
Thetford Methodist Church 2-4pm  
Watton Methodist Centre 2-4pm  
Dereham Trinity Methodist Church 1-3pm



Thurs 1st June  
Thurs 8th June  
Fri 9th June  
Fri 16th June

### Creative Writing with Kathryn Simmonds

Join Kathryn and try some creative  
writing inspired by springtime flowers!

Watton Methodist Centre 2-4pm  
Attleborough Town Hall 1-3pm  
Thetford Methodist Church 2-4pm  
Dereham Trinity Methodist Church 1-3pm

**Find out more overleaf...**

## Fancy coming along to a Creative Social?

If possible, please contact us in advance to book a place and let us know your access requirements. See our contact details below!

We are  
Dementia  
Inclusive 

## Upcoming Afternoon Events...

### O' What a Beautiful Evening by The Opera Dudes

Unique entertainment featuring  
songs from stage and screen.  
Expected the unexpected!

Friday 26th May  
Thetford Library  
1-3pm

To book a place at an Afternoon Event please visit  
**[ticketsource.co.uk/creative-arts-east](https://ticketsource.co.uk/creative-arts-east)** by  
scanning the QR code or turn up on the day too.



*Opera*  
Dudes

All events are free to attend.  
Voluntary donations welcomed too.

Want to find out more? Call us on **01953 713390**,  
email **[info@creativeartseast.co.uk](mailto:info@creativeartseast.co.uk)** or visit  
**[www.brecklandartsforhealth.co.uk](http://www.brecklandartsforhealth.co.uk)**



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