

FREE hot drink
and cake!



BRECKLAND

AFTERNOON EVENTS

Live performances and cinema
screenings for people aged 50+

DOVETAIL

by Vanhulle Dance Theatre

Weds 27th September
Bawdeswell Village Hall
1-3pm

A powerful dance piece followed
by a Q&A and an inclusive
movement, flow and wellbeing
workshop.



Scan to
book tickets



Come along!

Free to attend - voluntary donations welcomed.

Turn up on the day or book a ticket via
ticketsource.co.uk/creative-arts-east

Find out more...

Call us on 01953 713390, email info@creativeartseast.co.uk
or visit **www.brecklandartsforhealth.co.uk**



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ENGLAND**

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Upcoming Creative Socials...

BRECKLAND
CREATIVE SOCIALS
High quality arts workshops
for people aged 50+



Movement with Vanhulle Dance Theatre & Laura Bryars

A gentle movement workshop will focus on reconnecting to your breath, finding flow and becoming one with nature.

Friday 8th September

Thursday 14th September

Friday 15th September

Thetford Library 2-4pm

Attleborough Town Hall 1-3pm

Dereham Library 1-3pm



Clay Pots & Coasters with Lucy Wheeler



Experiment with a number of different techniques and make your own coaster and/or pinch pot inspired by nature.

Thursday 19th October

Friday 20th October

Friday 27th October

Attleborough Town Hall 1-3pm

Dereham Library 1-3pm

Thetford Library 2-4pm

Fancy coming along to a Creative Social?

Creative Socials are free to attend. If possible, please contact us in advance to book a place and let us know your access requirements.

See our contact details on the reverse of this flyer!



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