



Local Area Guide

for health and social care international recruits



*The perfect
mix of city and
countryside.*

Chelmsford



About this guide

This guide is intended to provide an overview of the local area to include guidance on travel distances, potential areas in which to live, tips for finding accommodation and contact details for local letting agents. Should you require any further assistance please speak to your employer who will be able to provide you further information.

Chelmsford, the birthplace of radio, is a harmonious blend of history and modernity. As Essex's only city, it boasts a thriving cultural scene, excellent shopping facilities, and beautiful parks like the Hylands Estate. Chelmsford is perfect for those seeking a dynamic lifestyle amidst historical settings.



About Chelmsford

- Chelmsford, the only city in Essex, is known for its vibrant city centre, historic landmarks, and cultural offerings, including the impressive Chelmsford Cathedral.
- It is recognised as the birthplace of radio, hosting the former Marconi factory, the world's first radio factory.
- Located about 32 miles (51km) northeast of London, Chelmsford offers an easy commute to the capital.
- The city is also close to other major destinations, such as Colchester, 22 miles (35km) to the northeast.

Getting around

By bus

- Main operators include First Essex, providing services within Chelmsford and to surrounding areas such as Colchester and Basildon.
- Local routes and schedules can be found at firstbus.co.uk/essex

By rail

- Chelmsford Railway Station offers direct services to London Liverpool Street (approx. 35 minutes), Colchester, and Ipswich.
- For train times and tickets, visit greateranglia.co.uk or nationalrail.co.uk



Key

- | | | | |
|---|---------------|---|-----------------|
|  | Train station |  | Bus stop |
|  | Supermarket |  | Medical centre |
|  | Library |  | Police station |
|  | Bus station |  | Council offices |

Finding accommodation

When renting property, UK law says that landlords must check that you are who you say you are and that you are allowed to live in the UK. More information on proving your right to rent property can be found at [gov.uk/prove-right-to-rent](https://www.gov.uk/prove-right-to-rent)

Useful tips

When considering a new home, it's crucial to think about your preferred location. Deciding on an area simplifies the search. Consider proximity to your workplace and essential amenities like shops, gyms, supermarkets, churches, childcare facilities, schools, and parks. Research public transport availability, including the frequency, cost, and travel times of bus services, as well as the location of train and bus stations. Remember, rural areas often have less public transport than major cities or towns. Communities 1st has developed a Top Tip Guide for finding Accommodation in the UK.

Be aware that some landlords offer "all inclusive" rent, which might cover some of these costs. It's important to understand exactly what is included in the rent before committing to a property.

Before moving into a rental property, you will typically need to pay the first month's rent in advance, a tenancy deposit, and possibly a holding deposit if you're renting through a letting agent. For advice on paying bills visit: [moneyhelper.org.uk/en/homes/renting](https://www.moneyhelper.org.uk/en/homes/renting)

Rental cost guide (£/pcm)

Number of bedrooms

Studio	£700
1 Bed	£850
2 Bed	£1,200
3 Bed	£1,500

Local letting/estate agents

Abbotts
Adrians
Charles David Casson
First Choice Lettings
Martin & Co

Agent portals

homestay.com
onthemarket.com
rightmove.co.uk
zoopla.co.uk

Chelmsford



Local NHS services and facilities

GP Practices: There are several practices in Chelmsford. Find a GP at [nhs.uk](https://www.nhs.uk)

Walk-in Centres and Minor Injury Units: For non-emergency care, there are various centres in and around Chelmsford.

Broomfield Hospital: A large NHS hospital located in Chelmsford, offering a wide range of services including an emergency department. It's approximately three miles north of the city centre.

Useful contacts

NHS	111 or in an emergency 999
Essex Police	101 or in an emergency 999
Chelmsford City Council	01245 606606
Essex County Council	0345 743 0430
Citizens Advice Chelmsford	0800 144 8848

Who are Communities 1st?



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[communities1st.org.uk](https://www.communities1st.org.uk)

Communities 1st is committed to offering rounded pastoral support for international health and social care recruits transitioning to life in the UK. Our comprehensive service, delivered through a combination of dedicated staff and enthusiastic volunteer buddies, focuses on individualised 1:1 support and a range of group activities, ensuring a smooth integration into the UK lifestyle.

Don't miss the opportunity to benefit from our well-structured and holistic programmes. Reach out to us today to find out how we can collaborate to create a positive and seamless transition for your recruits.

For more information

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