



Local Area Guide

for health and social care international recruits



*A symphony
of town
and shore.*

Ipswich and Felixstowe



About this guide

This guide is intended to provide an overview of the local area to include guidance on travel distances, potential areas in which to live, tips for finding accommodation and contact details for local letting agents. Should you require any further assistance please speak to your employer who will be able to provide you further information.

Ipswich, a town with a rich maritime heritage, and **Felixstowe**, a charming seaside resort, together offer a diverse and vibrant living experience. Ipswich's waterfront and Felixstowe's beaches provide picturesque settings for those who love the dynamic interplay of town and sea.



About Ipswich and Felixstowe

- Ipswich, a historic town in Suffolk, and Felixstowe, a charming seaside resort, offer a mix of cultural heritage and coastal living.
- Ipswich, around 66 miles (106 km) northeast of London, is known for its vibrant waterfront, historic buildings, and cultural venues like the Ipswich Museum.
- Felixstowe, a short drive from Ipswich, is famed for its seafront gardens, historic pier, and tranquil beaches.
- The area combines Ipswich's urban vibrancy with Felixstowe's coastal charm, offering a diverse range of experiences from cultural events to seaside relaxation.

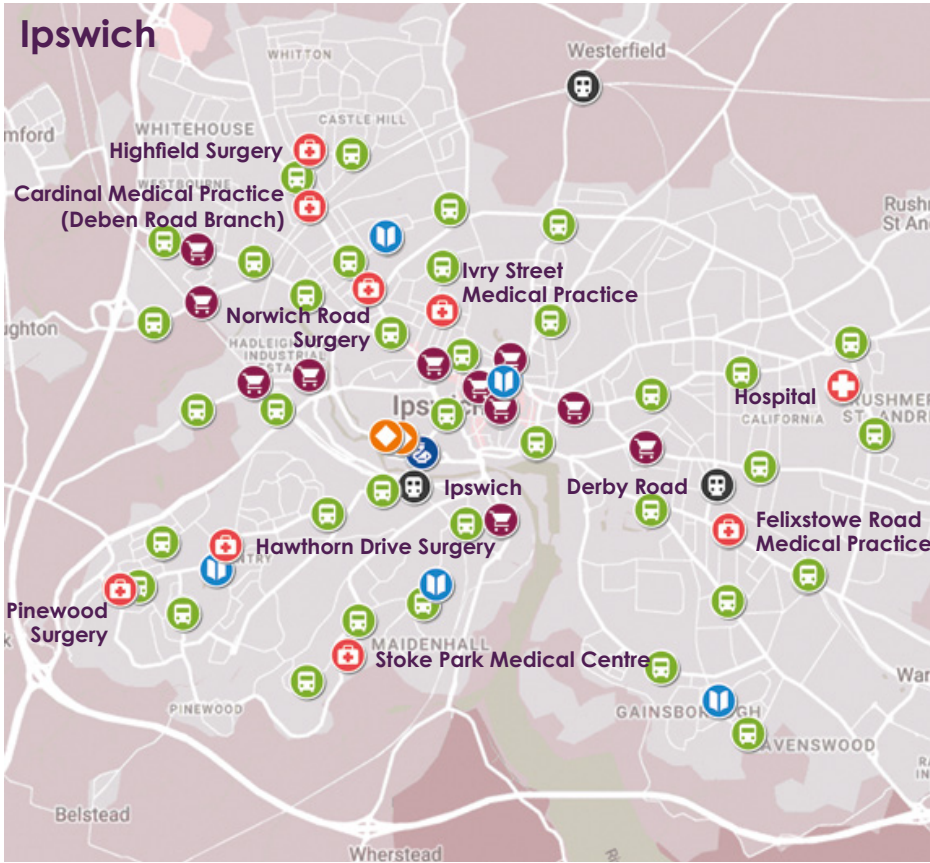
Getting around

By bus

- Ipswich Buses and First Suffolk & Norfolk provide services within Ipswich and to Felixstowe and other surrounding areas.
- For routes and timetables in Ipswich, visit ipswichbuses.co.uk. For regional services, check First Suffolk & Norfolk.

By rail

- **Ipswich Station:** Direct trains to London Liverpool Street (approx. 70 minutes), Norwich, and Cambridge.
- **Felixstowe Station:** Local services connect to Ipswich (approx. 25 minutes) and onward destinations.
- Train services are primarily operated by Greater Anglia. Visit greateranglia.co.uk for more information.



Finding accommodation

When renting property, UK law says that landlords must check that you are who you say you are and that you are allowed to live in the UK. More information on proving your right to rent property can be found at [gov.uk/prove-right-to-rent](https://www.gov.uk/prove-right-to-rent)

Useful tips

When considering a new home, it's crucial to think about your preferred location. Deciding on an area simplifies the search. Consider proximity to your workplace and essential amenities like shops, gyms, supermarkets, churches, childcare facilities, schools, and parks. Research public transport availability, including the frequency, cost, and travel times of bus services, as well as the location of train and bus stations. Remember, rural areas often have less public transport than major cities or towns. Communities 1st has developed a Top Tip Guide for finding Accommodation in the UK.

Be aware that some landlords offer "all inclusive" rent, which might cover some of these costs. It's important to understand exactly what is included in the rent before committing to a property.

Before moving into a rental property, you will typically need to pay the first month's rent in advance, a tenancy deposit, and possibly a holding deposit if you're renting through a letting agent. For advice on paying bills visit: [moneyhelper.org.uk/en/homes/renting](https://www.moneyhelper.org.uk/en/homes/renting)

Rental cost guide (£/pcm)

Bedrooms	Ipswich	Felixstowe
Studio	£600	£500
1 Bed	£800	£750
2 Bed	£900	£850
3 Bed	£1,200	£1,000

Local letting/estate agents

Ascot Estate Agency
 Leaders Estate Agents
 Nicholas Estates
 Pennington
 Your Ipswich Estate Agents

Agent portals

homestay.com
 onthemarket.com
 rightmove.co.uk
 zoopla.co.uk



Key

- Train station
- Supermarket
- Library
- Bus station
- Bus stop
- Medical centre
- Police station
- Council offices

Ipswich and Felixstowe



Local NHS services and facilities

GP Practices: Numerous practices in Ipswich and Felixstowe. To find a local GP, visit [nhs.uk](https://www.nhs.uk)

Walk-in Centres and Minor Injury Units: For non-emergency care, there are various centres in and around Ipswich and Felixstowe.

Ipswich Hospital: A major hospital offering a full range of services, including A&E. Located about 10 minutes from Ipswich town centre.

Felixstowe: Smaller health facilities available; nearest major hospital is Ipswich Hospital.

East Suffolk and North Essex NHS Foundation Trust manages Ipswich Hospital. Contact: **01473 712233**.

Useful contacts

NHS	111 or in an emergency 999
Suffolk Police	101 or in an emergency 999
Ipswich Borough Council	01473 432000
East Suffolk Council	0333 016 2000
Citizens Advice East Suffolk	0808 278 7866 or 0808 278 7867

Who are Communities 1st?



1st Floor, Ver House,
Park Estate, Frogmore
St Albans AL2 2WH

[communities1st.org.uk](https://www.communities1st.org.uk)

Communities 1st is committed to offering rounded pastoral support for international health and social care recruits transitioning to life in the UK. Our comprehensive service, delivered through a combination of dedicated staff and enthusiastic volunteer buddies, focuses on individualised 1:1 support and a range of group activities, ensuring a smooth integration into the UK lifestyle.

Don't miss the opportunity to benefit from our well-structured and holistic programmes. Reach out to us today to find out how we can collaborate to create a positive and seamless transition for your recruits.

For more information

Visit: www.communities1st.org.uk
Email: buddy@communities1st.org.uk
Call: **01727 649980**

@Communities1st

