



# Local Area Guide

for health and social care international recruits



*In the lap  
of history  
and beauty.*

King's Lynn  
and Wisbech



## About this guide

This guide is intended to provide an overview of the local area to include guidance on travel distances, potential areas in which to live, tips for finding accommodation and contact details for local letting agents. Should you require any further assistance please speak to your employer who will be able to provide you further information.

**King's Lynn** and **Wisbech**, set in the heart of Norfolk, are steeped in history with a wealth of medieval architecture. King's Lynn's historic town centre and Wisbech's river port charm provide a glimpse into England's rich past, making them ideal for history enthusiasts.



### About King's Lynn and Wisbech

- King's Lynn and Wisbech are historic towns in Norfolk, known for their rich heritage and picturesque landscapes.
- King's Lynn, approximately 97 miles (156 km) north of London, boasts a stunning medieval town centre and historic maritime landmarks.
- Wisbech, often referred to as the 'Capital of the Fens', is renowned for its Georgian architecture and the Wisbech and Fenland Museum.
- The area offers a unique blend of cultural heritage and natural beauty, ideal for those who appreciate England's historical and rural charm.

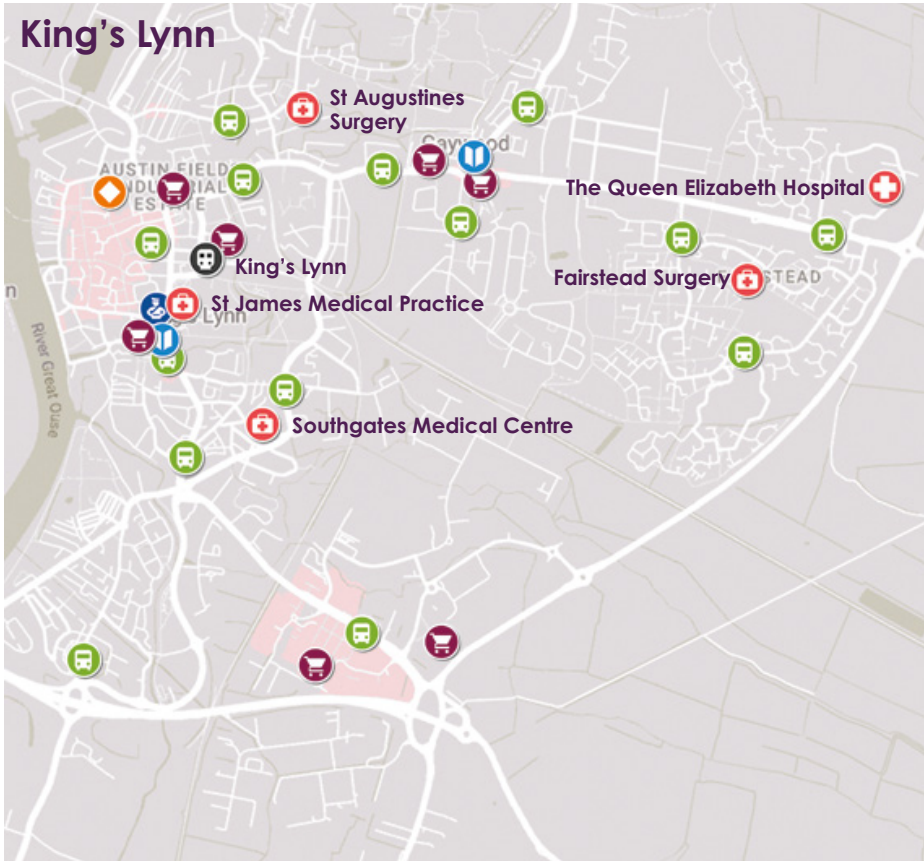
## Getting around

### By bus

- In King's Lynn, services operated by Lynx and Stagecoach connect the town to surrounding areas, including Wisbech.
- In Wisbech, local bus services by Stagecoach and other providers link to nearby towns and villages.
- Visit [lynxbus.co.uk](http://lynxbus.co.uk) and [stagecoachbus.com](http://stagecoachbus.com) for routes and timetables.

### By rail

- **King's Lynn Station:** Direct trains to London King's Cross (approx. 1 hour and 40 minutes) and Cambridge.
- Train services are provided by Great Northern. Visit [greatnorthernrail.com](http://greatnorthernrail.com) for more information.



**Key**

-  Train station
-  Supermarket
-  Library
-  Bus station
-  Bus stop
-  Medical centre
-  Police station
-  Council offices

**Finding accommodation**

When renting property, UK law says that landlords must check that you are who you say you are and that you are allowed to live in the UK. More information on proving your right to rent property can be found at [gov.uk/prove-right-to-rent](https://www.gov.uk/prove-right-to-rent)

**Useful tips**

When considering a new home, it's crucial to think about your preferred location. Deciding on an area simplifies the search. Consider proximity to your workplace and essential amenities like shops, gyms, supermarkets, churches, childcare facilities, schools, and parks. Research public transport availability, including the frequency, cost, and travel times of bus services, as well as the location of train and bus stations. Remember, rural areas often have less public transport than major cities or towns. Communities 1st has developed a Top Tip Guide for finding Accommodation in the UK.

Be aware that some landlords offer "all inclusive" rent, which might cover some of these costs. It's important to understand exactly what is included in the rent before committing to a property.

Before moving into a rental property, you will typically need to pay the first month's rent in advance, a tenancy deposit, and possibly a holding deposit if you're renting through a letting agent. For advice on paying bills visit: [moneyhelper.org.uk/en/homes/renting](https://www.moneyhelper.org.uk/en/homes/renting)

**Rental cost guide (£/pcm)**

Number of bedrooms	
Studio	£600
1 Bed	£700
2 Bed	£800
3 Bed	£950

**Local letting/estate agents**

- Abbotts Countrywide
- Belvoir King's Lynn
- Geoffrey Collings & Co
- Morris Armitage
- Russen & Turner

**Agent portals**

- homestay.com
- onthemarket.com
- rightmove.co.uk
- zoopla.co.uk

# King's Lynn and Wisbech



## Local NHS services and facilities

**GP Practices:** Numerous practices in King's Lynn and Wisbech. To find a local GP, visit [nhs.uk](https://www.nhs.uk)

**Walk-in Centres and Minor Injury Units:** For non-emergency care, there are various centres in and around King's Lynn and Wisbech.

**Queen Elizabeth Hospital:** The main hospital in King's Lynn, offering a range of services including A&E. Located about 10 minutes from the town centre.

**Wisbech:** Nearest hospital is the North Cambridgeshire Hospital in Wisbech, offering outpatient and minor injury services.

**Queen Elizabeth Hospital King's Lynn NHS Foundation Trust** manages the hospital in King's Lynn. Contact: **01553 613613**.

## Useful contacts

NHS	<b>111 or in an emergency 999</b>
Cambridgeshire Police	<b>101 or in an emergency 999</b>
Norfolk Police	<b>101 or in an emergency 999</b>
Borough Council of King's Lynn	<b>01553 616200</b>
Norfolk County Council	<b>0344 800 8020</b>
Citizens Advice Norfolk	<b>0800 144 8848</b>
Fenland District Council	<b>01354 654321</b>
Cambridgeshire County Council	<b>0345 045 5200</b>
Citizens Advice Rural Cambs	<b>0808 278 7807</b>

## Who are Communities 1st?



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St Albans AL2 2WH

[communities1st.org.uk](https://www.communities1st.org.uk)

Communities 1st is committed to offering rounded pastoral support for international health and social care recruits transitioning to life in the UK. Our comprehensive service, delivered through a combination of dedicated staff and enthusiastic volunteer buddies, focuses on individualised 1:1 support and a range of group activities, ensuring a smooth integration into the UK lifestyle.

Don't miss the opportunity to benefit from our well-structured and holistic programmes. Reach out to us today to find out how we can collaborate to create a positive and seamless transition for your recruits.

### For more information

Visit: [www.communities1st.org.uk](https://www.communities1st.org.uk)  
Email: [buddy@communities1st.org.uk](mailto:buddy@communities1st.org.uk)  
Call: **01727 649980**

@Communities1st

