



# Local Area Guide

for health and social care international recruits



*A mosaic  
of culture  
and nature.*

Peterborough



## About this Guide

This guide is intended to provide an overview of the local area to include guidance on travel distances, potential areas in which to live, tips for finding accommodation and contact details for local letting agents. Should you require any further assistance please speak to your employer who will be able to provide you further information.

**Peterborough** merges historical grandeur with modern vibrancy. Known for its magnificent cathedral and rich history, the city also offers lush green spaces and a dynamic urban environment on the Fenlands' edge.



### About Peterborough

- Peterborough, a city in Cambridgeshire, is known for its magnificent cathedral and historical significance.
- Situated approximately 76 miles (122 km) north of London, Peterborough combines modern amenities with rich cultural heritage.
- The city is home to Flag Fen Archaeology Park and the Nene Valley Railway, offering insights into England's ancient and industrial past.
- With its mix of urban development and green spaces, Peterborough offers a balanced lifestyle for families and professionals.

---

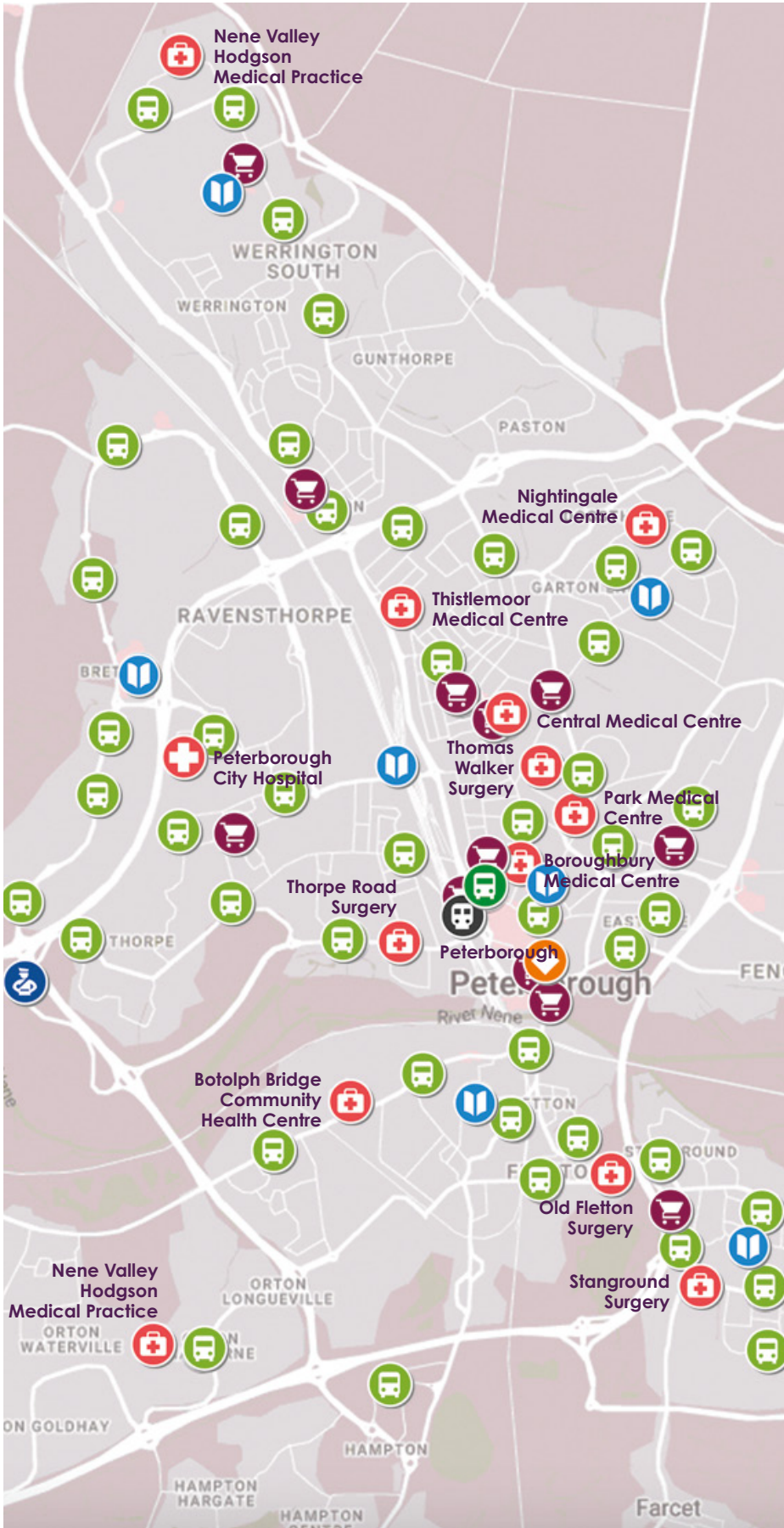
## Getting around

### By Bus

- Stagecoach and Delaine Buses operate within Peterborough, providing connections to the city centre, surrounding suburbs, and nearby towns.
- Visit [stagecoachbus.com](http://stagecoachbus.com) and [delainebuses.com](http://delainebuses.com) for routes and timetables.

### By Rail

- Peterborough Station: Offers direct services to London King's Cross (approx. 50 minutes), Leeds, Newcastle, and Edinburgh.
- Train services are provided by LNER, CrossCountry, and East Midlands Railway. Visit [nationalrail.co.uk](http://nationalrail.co.uk) for schedules and tickets.



**Key**

-  Train station
-  Supermarket
-  Library
-  Bus station
-  Bus stop
-  Medical centre
-  Police station
-  Council offices

**Finding accommodation**

When renting property, UK law says that landlords must check that you are who you say you are and that you are allowed to live in the UK. More information on proving your right to rent property can be found at [gov.uk/prove-right-to-rent](https://www.gov.uk/prove-right-to-rent).

**Useful tips**

When considering a new home, it's crucial to think about your preferred location. Deciding on an area simplifies the search. Consider proximity to your workplace and essential amenities like shops, gyms, supermarkets, churches, childcare facilities, schools, and parks. Research public transport availability, including the frequency, cost, and travel times of bus services, as well as the location of train and bus stations. Remember, rural areas often have less public transport than major cities or towns. Communities 1st has developed a Top Tip Guide for finding Accommodation in the UK

Be aware that some landlords offer "all inclusive" rent, which might cover some of these costs. It's important to understand exactly what is included in the rent before committing to a property.

Before moving into a rental property, you will typically need to pay the first month's rent in advance, a tenancy deposit, and possibly a holding deposit if you're renting through a letting agent. For advice on paying bills visit: [www.moneyhelper.org.uk/en/homes/renting](https://www.moneyhelper.org.uk/en/homes/renting)

**Rental cost guide (£/pcm)**

Number of bedrooms	
Studio	£700
1 Bed	£900
2 Bed	£1,100
3 Bed	£1,200

**Local letting/estate agents**

- Belvoir Peterborough
- Letters of Distinction
- Tortoise Property
- Firmin & Co
- PropertyLine

**Agent portals**

- homestay.com
- onthemarket.com
- rightmove.co.uk
- zoopla.co.uk

# Peterborough

## Local NHS services and facilities



**GP Practices:** Numerous practices in Peterborough. To find a local GP, visit [nhs.uk](https://www.nhs.uk).

**Walk-in Centres and Minor Injury Units:** For non-emergency care, there are various centres in and around Huntingdon, St Ives and St Neots.

**Peterborough City Hospital:** The main hospital in the area, offering a wide range of services including A&E. Located approximately 10 minutes from the city centre.

**North West Anglia NHS Foundation Trust** manages Peterborough City Hospital. Contact: **01733 678000**.

## Useful contacts

NHS	<b>111 or in an emergency 999</b>
Cambridgeshire Police	<b>101 or in an emergency 999</b>
Peterborough City Council	<b>01733 747474</b>
Cambridgeshire County Council	<b>0345 045 5200</b>
Citizens Advice Peterborough	<b>0808 278 7850</b>

## Who are Communities 1st?



1st Floor, Ver House,  
Park Estate, Frogmore  
St Albans AL2 2WH

[communities1st.org.uk](https://www.communities1st.org.uk)

Communities 1st is committed to offering rounded pastoral support for international health and social care recruits transitioning to life in the UK. Our comprehensive service, delivered through a combination of dedicated staff and enthusiastic volunteer buddies, focuses on individualised 1:1 support and a range of group activities, ensuring a smooth integration into the UK lifestyle.

Don't miss the opportunity to benefit from our well-structured and holistic programmes. Reach out to us today to find out how we can collaborate to create a positive and seamless transition for your recruits.

### For more information

Visit: [www.communities1st.org.uk](https://www.communities1st.org.uk)  
Email: [buddy@communities1st.org.uk](mailto:buddy@communities1st.org.uk)  
Call: **01727 649980**

@Communities1st

